

July 7 - August 22

Monday	Tuesday	Wednesday	Thursday	Friday
10:00-11:00 Cross Training	10:00-11:00 Cross Training	10:00-11:00 Cross Training	10:00-11:00 Cross Training	10:00-11:00 Conditioning
10:00-11:00 Beginner Ballet/Ballet A1	11:15-1:00 Open Ballet	10:00-11:00 Beginner Ballet/Ballet A1	10:00-11:00 Beginner Ballet	11:00-12:30 Ballet A2
11:15-1:00 B - D Ballet	1:00-2:00 Open Pointe	11:15-12:45 Ballet A2	10:00-11:30 Ballet A1/A2	12:30-1:15 Level A Turns
11:15-12:45 Ballet A2	1:00-2:00 Beginner Ballet	11:30-1:15 Open Ballet	11:30-1:15 B - D Ballet	11:00-12:45 Open Level Ballet
1:00-2:00 B - D Pointe	2:00-3:00 Pas de deux	1:00-1:45 Pre-Pointe/Beginner Pointe	1:15-2:15 B - D Pointe	12:45-1:45 Open Level Pointe
1:00-1:45 Ballet A Variations	2:00-3:30 Ballet A2	1:15-2:15 Open Pointe	2:30-4:30 Nutcracker Rehearsal Starting August 7	2:00-3:00 Variations
2:00-3:00 B - D Turns	3:30-5:00 Guest teachers/Seminars	2:30-4:00 Theatre Dance	4:30-5:30 Pre-Ballet	3:00-5:00 Private lessons available
3:00-4:30 Level B-D Student Choreography	4:30-5:15 Pre-K Dance	4:00-5:00 Ballet History/Viewing		
	*5:00-5:45 (3:30-4:15 on days without seminars) Level A Student Choreography	5:00-7:00 Contemporary		